

Pfizer
CIBINQO[®]
abrocitinib tablets

YOUR **CIBINQO**[®] ACTION PLAN

Getting started with the
PfizerFlex Support Program

CIBINQO

PfizerFlex Support Program

Ongoing Management

CIBINQO is used to treat people 12 years of age and older with moderate to severe atopic dermatitis (a type of eczema), including relief of skin itching. It is only used in people who have not responded sufficiently to other non-topical medicines or cannot take other non-topical medicines for this condition.



Tablet not actual size.

HOW DO I TAKE CIBINQO?

Always take CIBINQO exactly as your healthcare professional tells you to.



Take CIBINQO at about the same time each day.



CIBINQO should be swallowed whole with water. Do not split, crush or chew the tablets.



CIBINQO can be taken with or without food. If you experience nausea, taking it with food might make your nausea better.



Don't decrease, stop, or change your dose – even if your symptoms improve – without talking to your healthcare professional first.

Do not use CIBINQO if you're allergic to abrocitinib or any other ingredients in CIBINQO. If you're not sure about this, talk to your healthcare professional before taking CIBINQO.

Taking more than 200 mg per day is not recommended.

Be sure to read through the following materials your doctor gave you:

-  **Patient Medication Information Booklet**
-  **Patient Safety Information Leaflet**



WHAT IS THE PfizerFlex PROGRAM?

PfizerFlex is a patient support program for people taking CIBINQO that offers:

- An assigned **Field Case Manager** (FCM) who is an expert nurse that can answer questions about treatment
- **Reimbursement navigation** support to help you access your medication
- **Ongoing education** and support throughout your entire treatment journey



Once you are enrolled, the PfizerFlex Program will provide you with a Welcome Kit along with additional resources and details on your CIBINQO treatment

How do I enrol?

Your doctor or clinic will manage the enrolment process. If you haven't already been enrolled, ask your doctor and they will submit an enrolment form with your consent.

After the enrolment form is received, you will receive a call within 24 hours (weekdays only). Use the checklist below to get ready and keep track of the enrolment process.

- Gather your insurance information, including your policy number
- Answer the call from your FCM from the number 1-855-935-3539
- Write down the name of your FCM: _____



Use the space on the next page to write down any questions about CIBINQO that you want to discuss with your FCM

WHAT KIND OF QUESTIONS CAN I ASK MY FCM?

Below are some example questions you can ask your FCM. You can also use the space below to write down any other questions you have to help you remember them when talking to your FCM.

- When might I see improvement?
- What should I do if my atopic dermatitis doesn't improve?
- How do I get my CIBINQO covered by insurance?
- What if I forget to take CIBINQO one day?
- How long will I have to take CIBINQO?
- Can I have my prescription delivered to my home?
- Are there other things I can do to help relieve my atopic dermatitis symptoms?

My questions for my FCM are:



If you have questions, your FCM is just a phone call away.
1-855-935-FLEX (3539) 8am–8pm EST, Monday to Friday

WHAT ARE SOME TIPS TO HELP MANAGE MY ATOPIC DERMATITIS?

Because atopic dermatitis is a **chronic** condition, you may still experience symptoms while on treatment. Here are a few suggestions:

1 Identify your triggers

Look for things that could be contributing to your atopic dermatitis and try to minimize or eliminate your exposure to them.

2 Apply moisturizer throughout the day

Keeping your skin moist and well hydrated can help with symptoms.

3 Keep a cool-mist humidifier in the house

You may even want one in your bedroom —especially during the dry winter months.

4 Avoid overheating and sweating (if possible!)

These can increase itchiness, which in turn, can cause your atopic dermatitis to worsen.

5 Avoid harsh soaps and products with irritating ingredients

Try to select products, including sunscreens, that are specially formulated for atopic dermatitis and/or sensitive skin.

6 Keep your nails short and filed smooth

This will help to reduce skin damage if you do happen to scratch that itch.

7 Protect your skin from the sun

If you're going to be out in the sun, remember to wear sunblock and cover up with things like a wide-brimmed hat and light, loose-fitting clothes.

HAVE QUESTIONS FOR YOUR DOCTOR?

Your next appointment is: _____

Write down any questions you may have below to be ready for your next appointment.

Check out these resources to learn more about living with atopic dermatitis:



Eczema Society of Canada

www.eczema-help.ca

Canadian Dermatology Association

www.dermatology.ca

Canadian Skin Patient Alliance

www.canadianskin.ca



Questions? Just ask!

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PP-ABR-CAN-0156-EN



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MEDICINES
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